

Possible Role of Environmental Factors in the Development of Food Allergies

Clinical Reviews in Allergy & Immunology
Jodi Shroba, Niharika Rath, Charles Barnes

In the United States, 6 to 8% of young children are affected by food allergies.

Environmental Factors

- / Breastfeeding
- / Maternal Diet
- / Family History
- / Environment Exposures



The World Health Organization recommendations include breastfeeding for at least 6 months /

Early exposure to foods has also been closely investigated.



allergy vs. sensitivity

- / How is your body responding?
- / What are your symptoms?
- / How severe is your reaction?

While the options of desensitization through oral immunotherapy (OIT) and epicutaneous immunotherapy (EPIT) are on the horizon as a treatment, these are not curative treatment.